Variation in the sediment deposition behind check-dams under different soil erosion conditions on the Loess Plateau, China

Yanhong Wei,1,3 Zhong He,1,2 Juying Jiao,1,2* Yujin Li,2 Yixian Chen1 and Hengkang Zhao2

1 State Key Laboratory of Soil Erosion and Dryland Farming on Loess Plateau, Institute of Soil and Water Conservation, Chinese Academy of Sciences and Ministry of Water Resources, Yangling, Shaanxi Province, China
2 Institute of Soil and Water Conservation, Northwest A&F University, Yangling, Shaanxi Province, China
3 Key Laboratory of Desert and Desertification, Northwest Institute of Eco-Environment and Resources, Chinese Academy of Sciences, Lanzhou, Gansu Province, China

Received 5 March 2017; Revised 1 February 2018; Accepted 8 February 2018

*Correspondence to: Juying Jiao, Institute of Soil and Water Conservation, Northwest A&F University, No. 26, Xinong Road, Yangling, Shaanxi, 712100, China. E-mail: jyyjiao@ms.iswc.ac.cn

ABSTRACT: To maintain a reasonable sediment regulation system in the middle reaches of the Yellow River, it is critical to determine the variation in sediment deposition behind check-dams for different soil erosion conditions. Sediment samples were collected by using a drilling machine in the Fangta watershed of the loess hilly–gully region and the Manhonggou watershed of the weathered sandstone hilly–gully (pish a) region. On the basis of the check-dam capacity curves, the soil bulk densities and the couplet thickness in these two small watersheds, the sediment yields were deduced at the watershed scale. The annual average sediment deposition rate in the Manhonggou watershed (702.0 mm/(km2·a)) from 1976 to 2009 was much higher than that in the Fangta watershed (171.6 mm/(km2·a)) from 1975 to 2013. The soil particle size distributions in these two small watersheds were generally centred on the silt and sand fractions, which were 42.4% and 50.7% in the Fangta watershed and 60.6% and 32.9% in the Manhonggou watershed, respectively. The annual sediment deposition yield exhibited a decreasing trend; the transition years were 1991 in the Fangta watershed and 1996 in the Manhonggou watershed (P < 0.05). In contrast, the annual average sediment deposition yield was much higher in the Manhonggou watershed (14011.1 t/(km2·a)) than in the Fangta watershed (3149.6 t/(km2·a)). In addition, the rainfall that induced sediment deposition at the check-dams were greater than 30 mm in the Fangta watershed and 20 mm in the Manhonggou watershed. The rainfall was not the main reason for the difference in the sediment yield between the two small watersheds. The conversion of farmland to forestland or grassland was the main reason for the decrease in the soil erosion in the Fangta watershed, while the weathered sandstone and bare land were the main factors driving the high sediment yield in the Manhonggou watershed. Knowledge of the sediment deposition process of check-dams and the variation in the catchment sediment yield under different soil erosion conditions can serve as a basis for the implementation of improved soil erosion and sediment control strategies, particularly in semi-arid hilly–gully regions. Copyright © 2018 John Wiley & Sons, Ltd.

KEYWORDS: dam-controlled watershed; sedimentation; erosion environment; sediment yield; sediment particle size; the Loess Plateau

Introduction

Soil erosion and both its on-site and off-site impacts are increasingly seen as a major environmental problem across the world (Porto et al., 2014). Severe soil erosion has led to the loss of approximately 10 million hectares of cropland per year worldwide, not only reducing the cultivable land for food production but also causing land degradation and river siltation (Onyando et al., 2005; Pimentel, 2006). The Chinese Loess Plateau, located in the middle reaches of the Yellow River, is one of the most severe soil and water loss areas in the world; more than 60% of the land has been subjected to intense soil erosion with an intensity of 2000 to 20000 t/(km2·a), causing riverbed uplift (3–8 m) and flood disasters in the lower Yellow River (Fu, 1989; Shi and Shao, 2000; Xin et al., 2012). Soil erosion involves the processes of detachment, transport and deposition of soil materials by erosive rainfalls and runoff (Shi et al., 2012). Among these processes, the soil materials and sediment transport depends on both the sediment properties and hydraulic parameters of the flow (Sui et al., 2009). The sediment particle shape affects the incipient motion of the sediment (Wang and Dittrich, 1999), while the hydraulic parameters of the flow influence the sediment transport capacity and river dynamics (Wang and Wu, 2001). As a result, the grain size distribution of sediment has long been used as an indicator of sediment availability, flow competency and transport mechanism (Beierle et al., 2002). Sediment size distribution greatly affects sediment transport and deposition (Shi et al., 2012). Xu et al. (2009a) analysed the correlation coefficient between channel sedimentation and sediment input and found that it increases with the grain size, indicating that channel sedimentation depended more on coarser grain size fractions than on smaller ones and that for the grain sizes of sediment...
input > 0.05 mm and > 0.10 mm, 76.61% and 97.68% were deposited on the channel, respectively. Once sediment particles are delivered to streams, rivers and lakes, sedimentation will be a major problem in the watershed (Pham et al., 2001). Sediment is a combination of primary soil particles (sand, silt and clay) and secondary or aggregated soil material (Mitchell et al., 1983). Sediment transfer from continents to oceans via rivers is an important component of sediment recycling in earth systems and contributes 95% of the sediment entering the ocean (Syvitski, 2003; Chakrapani, 2005). Milliman and Syvitski (1992) estimated that the global sediment load into the sea reached 200×10^8 t annually. The existing research results indicate that sediment transport by rivers has generally decreased globally following reservoir and check-dam construction and sediment loss due to water abstraction and land use change in recent years (Khafagy et al., 1992; Carriquiry and Sanchez, 1999; Mikhailova, 2003; Walling and Fang, 2003; Wang et al., 2007; Liu et al., 2008).

Soil and water loss in the Chinese Loess Plateau has greatly depleted land resources and degraded the eco-environment. This rolling plateau is characterized by a large area and complex geomorphology, and it can be divided into two geomorphologic units: in the gully area (gully slopes), gully erosion and mass movement are predominant, and in the inter–gully area (hillslopes), land has been extensively cultivated, causing widespread sheet and rill erosion (Feng et al., 2003; Xu et al., 2009b). The relative sediment contributions in a small watershed of the loess hilly region from the inter–gully area and from the gully area are approximately 24–40% and 60–76%, respectively (Jing, 1986; Xu, 1987; Jiao et al., 1992; Wen et al., 1998; Feng et al., 2003; Yang et al., 2006). Li et al. (2003) indicated that the rill and gully erosion are the dominant water erosion processes and contribute 60–90% of the total sediment production in a small watershed of the Chinese Loess Plateau. Numerous studies conducted in China and abroad indicate that gully erosion is often the main source of sediment in small watersheds (Jiao et al., 1992; Wasson et al., 2002; Krause et al., 2003; de Vente et al., 2005; Yang et al., 2006; Chen et al., 2016). Gully erosion is most often triggered or accelerated by a combination of inappropriate land use and extreme rainfall events, so many gullies are required to capture sediment and reduce soil erosion (Valentini et al., 2005). In the Chinese Loess Plateau, many years of soil and water conservation has demonstrated that check-dams are effective measures to control gully erosion (Xu et al., 2009b; Xin et al., 2012). Moreover, the check-dams not only considerably reduced the stream bed slopes but also caused a disruption in the connectivity of the rivers and diminished their capacity to transport sediment (Diaz et al., 2014). Approximately 110 thousand check-dams have been built in the small watersheds of the Loess Plateau over the past 50 years, and approximately 21 billion m³ of sediments have been captured by these dams (Jin et al., 2012). In the Yanhe watershed, the annual runoff was reduced by less than 14.3% due to the check-dams in the gullies, while up to 85.5% of the sediment was retained during the rainy season (Xu et al., 2013). Check-dams in a small gully basin of India played a very important role and reduced the sediment yield by 41.5% through trapping sediment and reducing erosion (Shit et al., 2013).

Generally, a small watershed is treated as a planning and construction unit for check-dams (Wang et al., 2011b). Sediments intercepted by a check-dam are an important source of information to estimate the soil erosion and sediment yield at the scale of a small watershed because check-dams trap most of the sediments produced from the catchments (Wang et al., 2014; Ramos-Diez et al., 2016b). Understanding the soil erosion and deposition rates in a small watershed is of vital importance for designing soil and water conservation measures and river basin management plans (Li et al., 2009; Suif et al., 2016; Tian et al., 2013). At present, estimation of the sediment yield of small watersheds based on the sediment trapped by check-dams is becoming a research hotspot (Ramos-Diez et al., 2016a). Accurate estimation of sediment yield from small watersheds contributes to a better understanding of the linkage between soil erosion processes on hillslopes and sediment transport in rivers (Verstraeten and Poesen, 2001). Meanwhile, the effectiveness of check-dams in trapping sediment is associated with the remaining capacity of the check-dams, while the variation in the sediment yield in small watersheds is associated with large differences in the erosive rainfall, catchment area, vegetation cover, slope steepness, soil erodibility factor, and other factors (Vaezi et al., 2017). Therefore, to decrease catchment sediment yield, the combination of vegetation measures and check-dams engineering measures can be used to control gully erosion and sediment transport effectively in areas with high erodibility, particularly in the semi-arid hilly–gully regions of the Loess Plateau (Yan et al., 2015). Furthermore, our results are more likely to accurately estimate erosion rates and sediment yields in small watersheds under different soil erosion conditions, thus leading to a better understanding of the effects of check-dams on fragile ecological environment restoration in the semi-arid hilly–gully regions. In general, the main objectives of this research were to (1) determine the variations in sediment deposition rate, sediment particle size and sediment deposition yield at the small watershed scale, (2) compare the difference in sediment deposition under different soil erosion conditions and (3) analyse the main factors influencing sediment deposition in two small watersheds. These small watersheds belong to the loess hilly–gully region but vary in geology and soil texture. Learning about the sediment deposition process of check-dams and the variation Platement sediment yield under different soil erosion conditions can serve as a basis for implementing improved soil erosion and sediment control strategies, particularly in semi-arid hilly–gully regions.

Materials and Methods

Study area

The Yanhe and Huangfuchuan tributaries are first-order tributaries of the middle reaches of the Yellow River basin (Figure 1) and cover areas of 7725 km² and 3246 km², respectively. Both watersheds are in a typical continental climate. The mean annual precipitation is 505 mm in the Yanhe watershed and 380 mm in the Huangfuchuan watershed. The mean annual temperatures are 8.8°C and 7.5°C, respectively (Xu et al., 2013; Zhao et al., 2015). The underlying surface conditions and soil types in the two watersheds are very different. In the Yanhe watershed, the landform is a typical loess hilly–gully landscape, and the loess covering 86.4% of the watershed is derived from loess parent material, which is a windblown under-consolidated deposit that formed over the past 2.5 million years in arid and semi-arid climatic conditions and is very erodible due to its macropores, well-developed vertical jointing and susceptibility to collapse on wetting (Zhang and Liu, 2010; Xu et al., 2012). This region experiences intense soil erosion as a result of unreasonable land use management, low vegetation cover, erodible soils, and frequent high-intensity summer storms (Gao et al., 2015). The annual sediment transport modulus at the Ganguyi hydrological station (Figure 1, the upstream area is 5852 km²) ranged from 136.7 t/km² to 31100.5 t/km² with an average of 6728.3 t/(km²-a) from 1955 to 2014 (YRCC, 2014). However,
the landscape in the Huangfuchuan watershed includes a weathered sandstone hilly–gully region, extremely low (<20%) vegetation coverage and widely exposed bedrock (Linag et al., 2017). The soil types are characterized by weathering sandstone, loess, and desert sand, and the land surface is dominated by dense gullies with poor vegetation cover (Wang et al., 2012). In China, weathering sandstone (locally called pisha sandstone) is a general appellation for some types of fluvial clastic deposition sandstones and specifically refers to an interbedded rock consisting of Paleozoic Permian (approximately 2.5 hundred million years), Mesozoic Triassic, Jurassic and Cretaceous thick sandstone, sand shale and argillaceous sandstone (Ni et al., 2008; Wei et al., 2017). Although the area of pisha sandstone only accounts for 2.6% of the total Loess Plateau area, its coarse sediment yield accounts for 30% of the total coarse sediment in the upper–middle reaches of the Yellow River (Yang et al., 2013). The frequently occurring storms, local topography, sparse vegetation and weathering sandstone have led to severe soil erosion in the basin (Zuo et al., 2016). The annual average sediment yield at the Huangfu gauging station (Figure 1, the upstream area is 3199 km²) was between 0 t/km² and 53454.2 t/km² with an average of 12011.3 t/(km²·a) from 1955 to 2014 (YRCC, 2014).

Selection of typical small watersheds

Owing to the significant difference in the soil erosion characteristics and the systemic field investigations in the Yanhe and Huangfuchuan tributaries, two small watersheds located in the middle reaches of the Yellow River basin were selected for drilling because neither has been disturbed since formation (Figure 1); the Fangta dam-controlled watershed (36°47’19”–36°49’35”N, 109°14’40”–109°17’09”E) located in the Yanhe tributary and the Manhonggou dam-controlled watershed (39°25’09”–39°26’43”N, 110°58’30”–111°02’14”E) located in the Huangfuchuan tributary. The Fangta watershed is in the loess hilly–gully region at an altitude between 1100 m and 1350 m and is located in the upper and middle reaches of the Yanhe tributary, while the Manhonggou watershed is in the weathered sandstone (pisha) hilly–gully region at an altitude between 915 m and 1150 m and is located within the lower reaches of the Huangfuchuan tributary; these watersheds cover a drainage area of 8.4 km² and 6.8 km², respectively. The slopes in the Fangta and the Manhonggou watersheds are mostly 8–25° and 15–45°, accounting for 77.2% and 78.4% of the entire watershed, respectively. The land surface is characterized by dense gullies, with a gully density of 3.8 km/km² in the Fangta watershed and 4.3 km/km² in the Manhonggou watershed. The check-dams were constructed one by one from downstream to upstream in both watersheds to control soil erosion. The basic information on the check-dams for the Fangta watershed in the loess hilly–gully region and Manhonggou watershed in the weathered sandstone (pisha) hilly–gully region is shown in Table I.

Field sampling and measurement

Sediment samples were collected in the Fangta and Manhonggou watersheds using a drilling machine in May of 2014. In total, 10 soil cores were collected among the check-dams from the downstream to the upstream in the Fangta watershed at drilling depths between 6.01 m and 18.32 m, and 11 soil cores were similarly collected in the Manhonggou watershed at drilling depths between 10.37 m and 17.28 m. There were 5, 2, 2 and 1 sediment deposition cores at dams FT1#, FT2#, FT3# and FT4# in the Fangta watershed, and the 3, 5, 1 and 2 sediment deposition cores were collected at dams MH1#, MH2#, MH3# and MH4# in the Manhonggou watershed, respectively. All the sediment samples were cut in two
halves; one half was preserved, and the other was used for hierarchical classification and sample collection. Finally, a total of 444, 208, 254 and 100 sediment samples from dams FT1#, FT2#, FT3# and FT4# and 452, 1016, 117 and 374 sediment samples from dams MH1#, MH2#, MH3# and MH4# were collected from the deposition profile. To determine the sediment particle size distribution, all the sediment samples were air-dried, and the rhizomes or gravels were removed. Then, the samples were crushed and passed through a 2-mm mesh sieve. The particle size distribution of the sediment samples was analysed using a Mastersizer 2000 laser particle size analyser (Malvern Instruments, Malvern, England) with a measurement interval ranging from 0.02 to 2000 µm. A soil cylinder with a volume of 100 cm³ was used for sampling to measure the soil bulk density to obtain the sediment deposition yield. Here, it should be stated that dam MH3# was not used in the analysis of this study because it contained water in the front and had a road and trees in the middle, and the deposition sequence was confusing.

The average elevation of the sediment surface and the silt area of all the selected check-dams were measured by means of a topographical survey employing a Total Station with an accuracy of ±1 cm. First, we vectorized the early topography map (1:10,000) to establish the capacity curve of the check-dams. Second, the flood couplets were interpreted according to the thickness of the deposition layers, distribution of the sediment particle size and historical rainfall events. Then, the amount of sediment deposition was estimated based on the capacity curve, the soil bulk density and the thickness of the couplets. Finally, the sediment deposition rate and sediment deposition yield were obtained from the sediment deposition thickness and the mass of the couplets divided by its controlled watershed area, respectively. More details of these methods were described in Wei et al. (2017).

### Table I. Basic information of check-dams in the Fangta and Manhonggou watersheds

<table>
<thead>
<tr>
<th>Small watershed</th>
<th>Dam</th>
<th>Performance period</th>
<th>Deposition years</th>
<th>Watershed area (km²)</th>
<th>Height (m)</th>
<th>Dam type</th>
<th>Utilization</th>
<th>Siltation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fangta</td>
<td>FT1#</td>
<td>1975–1989</td>
<td>15</td>
<td>8.40</td>
<td>26</td>
<td>Large scale</td>
<td>Cultivation</td>
<td>Totally silted</td>
</tr>
<tr>
<td></td>
<td>FT2#</td>
<td>1990–2008</td>
<td>19</td>
<td>4.00</td>
<td>24</td>
<td>Large scale</td>
<td>Unutilized</td>
<td>Partially silted</td>
</tr>
<tr>
<td></td>
<td>FT3#</td>
<td>1990–2009</td>
<td>20</td>
<td>2.10</td>
<td>17</td>
<td>Medium scale</td>
<td>Unutilized</td>
<td>Partially silted</td>
</tr>
<tr>
<td></td>
<td>FT4#</td>
<td>1990–2013</td>
<td>24</td>
<td>1.72</td>
<td>18</td>
<td>Medium scale</td>
<td>Unutilized</td>
<td>Partially silted</td>
</tr>
<tr>
<td>Manhonggou</td>
<td>MH1#</td>
<td>1976–1984</td>
<td>9</td>
<td>6.78</td>
<td>25</td>
<td>Large scale</td>
<td>Cultivation</td>
<td>Totally silted</td>
</tr>
<tr>
<td></td>
<td>MH2#</td>
<td>1985–2007</td>
<td>23</td>
<td>6.10</td>
<td>22</td>
<td>Large scale</td>
<td>Cultivation</td>
<td>Totally silted</td>
</tr>
<tr>
<td></td>
<td>MH3#</td>
<td>2009–2014</td>
<td>6</td>
<td>3.55</td>
<td>18</td>
<td>Large scale</td>
<td>Aquiculture</td>
<td>Partially silted</td>
</tr>
<tr>
<td></td>
<td>MH4#</td>
<td>1981–2009</td>
<td>29</td>
<td>0.32</td>
<td>11</td>
<td>Small scale</td>
<td>Cultivation</td>
<td>Totally silted</td>
</tr>
</tbody>
</table>

### Results

#### Sediment deposition rate

According to the Mann–Kendall trend test, the annual sediment deposition rate showed a decreasing trend with increasing time at dams FT1#, FT2#, FT3# and FT4# of the loess hilly–gully region (statistic $Z < 0$). The annual average sediment deposition rate was 139.9 mm/(km²·a) at dam FT1# from 1975 to 1989, 152.0 mm/(km²·a) at dam FT2# from 1990 to 2008, 225.7 mm/(km²·a) at dam FT3# from 1990 to 2009, and 208.3 mm/(km²·a) at dam FT4# from 1990 to 2013. The highest and the lowest sediment deposition rates occurred at dam FT4#: the highest rate was 1336.2 mm/(km²·a) in 1990, and the lowest rate was 7.0 mm/(km²·a) in 2003 (Figure 2).

For the Manhonggou dam-controlled watershed in the weathered sandstone (pisha) region, the annual sediment deposition rate also exhibited a decreasing trend at dams MH1#, MH2# and MH4# (statistic $Z < 0$). The annual average sediment deposition rates were 290.3 mm/(km²·a) at dam MH1# from 1976 to 1984, 87.6 mm/(km²·a) at dam MH2# from 1985 to 2007, and 1488.0 mm/(km²·a) at dam MH4# from 1981 to 2009. The highest sediment deposition rate occurred in dam MH4# in 1982 at a rate of 4545.8 mm/(km²·a), while the lowest sediment deposition rate occurred at dam MH2# in 2000 at a rate of 10.9 mm/(km²·a) (Figure 3).

In Figure 4, the annual average sediment deposition rates differed significantly between the two small watersheds, and the annual average sediment deposition rate in the Fangta watershed was higher than that for the Fangta watershed. It was shown that the variation in the annual sediment deposition rate in the Manhonggou watershed was unstable, and the data points were scattered, while the Fangta watershed data were relatively stable and concentrated. Table II shows the independent samples t-test of the annual sediment deposition rate; the probabilities of the F-statistic and t-statistic were less than the significance level of 0.05, indicating that variance in the annual sediment deposition rate was not assumed to be equal and that the mean was significantly different for the Fangta and Manhonggou watersheds.

The land use change in the Fangta watershed is shown in Figure 5; the main land use type was converted from grassland into forestland, and in 2015, forestland accounted for more than 60% of the area. The arable land and grassland decreased gradually. The arable land area in 1990 was more than 2 times larger than that in 2015. While there was little change in the land use pattern of the Manhonggou watershed, grassland was the most common land use type and accounted for more
than 65% of the area. The area of the forestland decreased from 2.7% in 1990 to 0.2% in 2006, while the area of the arable land increased slightly from 7.3% in 1990 to 9.3% in 2006.

Sediment particle size

The variation in sediment particle size in the Fangta dam-controlled watershed is shown in Figure 7. The average clay (< 0.002 mm), silt (0.002–0.02 mm) and sand (0.02–2 mm) fractions were 6.4%, 36.9% and 56.7% at dam FT1#, 5.9%, 42.9% and 51.2% in FT2#, 9.1%, 53.1% and 37.8% in FT3#, and 6.9%, 43.9% and 49.2% in FT4#, respectively. In general, the soil particle size distribution was centred on the sand and silt fractions. The sand content accounted for approximately 50% of the sediment at dams FT1#, FT2# and FT4#. For a single check-dam, the clay and silt fractions have the same trend from the top to the bottom of the depth profile, while the sand content has the opposite trend. For four check-dams, the silt sediment fraction decreased gradually and the sand content gradually increased from the upstream (dams FT2, FT3, and FT4#) to the downstream (dam FT1#).

In the Manhonggou watershed, the average clay, silt and sand fractions were 6.8%, 59.2% and 34.0% at dam MH1#, 7.2%, 64.4% and 28.4% at dam MH2#, and 5.9%, 58.8% and 35.3% at dam MH4#, respectively (Figure 8). Meanwhile,
the soil particle size distribution was mainly centred on the silt and sand fractions, and the silt content was approximately 60% at dams MH1#, MH2# and MH4#. Similarly, for a single check-dam, the clay and silt fractions have the same trend in change from the top to the bottom of the depth profile, while the sand content has the opposite trend. For three check-dams, the silt sediment fraction decreased gradually and the sand content gradually increased from the upstream (dam MH4#) to the downstream (dam MH1#).

Figure 9 shows the variations in sediment particle size in the two small watersheds; the annual average clay, silt and sand fractions were 6.9%, 42.4% and 50.7% in the Fangta watershed from 1975 to 2013 and 6.5%, 60.6% and 32.9% in the Manhonggou watershed from 1976 to 2009, respectively. Therefore, the clay contents were approximately equal, while the silt and sand contents differed significantly between the two small watersheds. The soil particle size distributions were mainly centred on the sand fraction (50.7%) in the Fangta watershed and silt fraction (60.6%) in the Manhonggou watershed. In Table III, equal variances were not assumed for the clay contents, and the means had no significant difference (F-statistic < 0.05), while equal variances were assumed for the silt and sand contents, and the means had a significant difference because the probabilities of the t-statistic were less than the significance level of 0.05.

Sediment deposition yield

For the Fangta dam-controlled watershed in the loess hilly–gully region, the variation in the annual sediment deposition yield from 1975 to 2013 is shown in Figure 10(a). According to the Mann–Kendall test, the annual sediment deposition yield exhibited a significant decreasing trend ($P < 0.01$), and the annual average sediment deposition yield was 3149.6 t/(km²·a) from 1975 to 2013. In general, the annual average sediment deposition yield decreased gradually from 6090.3 t/(km²·a) in the 1970s to 1683.9 t/(km²·a) in the 1990s and increased slightly to 2376.5 t/(km²·a) after entering the 21st century. According to the Pettitt test, the transition year of the annual sediment deposition yield was determined to be 1991 ($P < 0.05$) (Figure 10(b)). Therefore, we divided the time series (1975–2013) into two stages. In the first stage from 1975 to 1991, the annual average sediment deposition yield was 4894.54 t/(km²·a). The annual average sediment deposition yield in the second stage from 1992 to 2013 was 1801.20 t/(km²·a) (Figure 10(a)). The annual average sediment deposition yield in the second stage decreased more than twice that in the first stage.

For the Manhonggou dam-controlled watershed in the weathered sandstone (pisha) region, the annual sediment deposition yield showed a fluctuating decreasing trend from 1976 to 2009.
and the annual average sediment deposition yield was 14938.4 t/(km²·a). Then, the annual average sediment deposition yield reduced gradually from 15526.1 t/(km²·a) in the 1980s to 12305.7 t/(km²·a) in the 21st century. The Pettitt test result of the change point in the annual sediment deposition yield is shown in Figure 10(d), and the transition year was 1996 in the Manhonggou watershed ($P < 0.05$). The annual average sediment deposition yield in the pre-change period from 1976 to 1996 was 16484.50 t/(km²·a), while that in the post-change period from 1997 to 2009 was 10015.64 t/(km²·a) (Figure 10(c)).
In comparison, the annual average sediment deposition yield differed significantly between the two small watersheds, and the annual average sediment deposition yield in the Manhonggou watershed was much larger than that in the Fangta watershed (Figure 11). On the basis of the box plot and the distribution curve, the height of the quartile box for the Manhonggou watershed was higher than that for the Fangta watershed. It was shown that the variation in the annual sediment deposition yield in the Manhonggou watershed was unstable and that the data points were scattered, while the Fangta watershed was relatively stable and concentrated. Table IV showed the independent samples t-test of annual sediment deposition yield and that the means were indicating that equal variances were not assumed for the annual sediment deposition yield and the probabilities of the F-statistic and t-statistic were less than the significance level of 0.05, sediment deposition yield, and that the means were significantly different in the Fangta and Manhonggou watersheds.

Figure 12 shows the relationship between the annual sediment yield and annual erosive rainfall in the two dam-controlled watersheds. There was a good relationship between these two variables in both the Fangta and Manhonggou watersheds, with high correlation coefficients $R^2 > 0.6$.

**Discussion**

Sediment yields in the check-dam controlled watersheds

The sediments retained by the check-dams could provide important information on the sediment deposition process, soil erosion evolution and environmental changes in the small watersheds. Meanwhile, the check-dams in the small watersheds can be used to estimate the specific sediment yield and are important sources of information for contemporary erosion processes at larger spatial and temporal scales. Numerous studies have shown that check-dams or reservoirs typically trap > 90% of the sediment inflow (Valero-Garcés et al., 1999; Vörösmarty et al., 2003; Batalla and Vericat, 2011; Díaz et al., 2014; García-Ruiz et al., 2015; Mekonnen et al., 2015). Therefore, the sediment deposition at check-dams can represent the majority of the total amount of eroded sediment within the watershed, although some sediment deposition occurs before reaching the check-dams and sediment transport also occurs through the spillways.

The related studies on the specific sediment yield deduced from check-dams in small watersheds on the Loess Plateau are shown in Table V. In the loess hilly–gully region, the specific sediment yields were 4052.1 t/(km²·a), 4140.0 t/(km²·a) and 5240.0 t/(km²·a) at the Yangguangou, Nianzhuhanggou and Beitagou watersheds of the Yanhe watershed and its surrounding area (Li and Bai, 2003; Wang et al., 2009b; Liu et al., 2015b); these results are close to the annual average sediment yield of 5111.6 t/(km²·a) at dam FT1# from 1975 to 1989. At dam FT2#, the annual average sediment yield of 726.5 t/(km²·a) from 1990 to 2008 was close to the annual specific sediment yields of 650.0 t/(km²·a) and 600.0 t/(km²·a) at the Beitaliang and Haojialiang watersheds (Liu et al., 2015a, b). In addition, the annual average sediment yields of 1923.4 t/(km²·a) at dam FT3# from 1990 to 2009 and 2701.3 t/(km²·a) at dam FT4# from 1990 to 2013 was similar to the annual specific sediment yields of 1967.3 t/(km²·a) and 2504.0 t/(km²·a) at the Zhangyinsuiku and Xiaolaozhuang watersheds, respectively (Zhu et al., 2012). However, in the weathered sandstone (pisha) region, the annual average sediment yield of 10728.6 t/(km²·a) at dam FT1# from 1976 to 1984 was close to the annual specific sediment yields of 10371.0 t/(km²·a), 10839.1 t/(km²·a) and 10610.0 t/(km²·a) at the Weijijia, Wangmaogou and Yangjiagou watersheds of the Huangfuchuan watershed and its surrounding area (Ye et al., 2006; Xue et al., 2011; Zhao et al., 2017b). At dam MH2#, the annual average sediment yield was 12662.9 t/(km²·a) from 1985 to 2007, which is similar to the annual specific sediment yields of 12702.0 t/(km²·a) and 13440.0 t/(km²·a) at the Guandigou watershed and 13577.0 t/(km²·a) at the Longtou watershed (Li et al., 2008; Liu et al., 2015a). The annual specific sediment yields of 16931.0 t/(km²·a), 16812.0 t/(km²·a) and 17187.5 t/(km²·a) at the Fenglimao, Huangcaoliang and Xiaoshilata watersheds were close to the annual average sediment yield of 16753.3 t/(km²·a) at dam MH# from 1981 to 2009 (Liu et al., 2015a; Zhao et al., 2015). Our results of the sediment deposition yield estimation in the small watersheds were consistent with those of other studies in similar regions.

In the midwestern United States, the maximum soil loss tolerance of deep fertile loamy soil is 600–1100 t/(km²·a) (Zhang et al., 2007). In the Loess Plateau region of China, the

**Table III.** Independent samples t-test of the sediment particle size for the Fangta and Manhonggou watersheds

<table>
<thead>
<tr>
<th>Sediment particle size</th>
<th>Small watershed</th>
<th>Mean (%)</th>
<th>Std. Deviation</th>
<th>Std. Error</th>
<th>Levene’s test</th>
<th>t-test</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>Fangta</strong></td>
<td>6.86</td>
<td>1.59</td>
<td>0.26</td>
<td>11.0</td>
<td>1.2</td>
</tr>
<tr>
<td></td>
<td><strong>Manhonggou</strong></td>
<td>6.49</td>
<td>0.86</td>
<td>0.15</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Silt</strong></td>
<td>42.41</td>
<td>8.29</td>
<td>1.35</td>
<td>0.7</td>
<td>9.7</td>
</tr>
<tr>
<td></td>
<td><strong>Manhonggou</strong></td>
<td>60.58</td>
<td>7.02</td>
<td>1.26</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Sand</strong></td>
<td>50.73</td>
<td>9.34</td>
<td>1.51</td>
<td>1.4</td>
<td>8.5</td>
</tr>
<tr>
<td></td>
<td><strong>Manhonggou</strong></td>
<td>32.93</td>
<td>7.62</td>
<td>1.37</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
soil loss tolerance is 1000 t/(km²·a) according to the standards for classification and gradation of soil erosion (Ministry of Water Resources, 2008). As previously mentioned, the annual average sediment deposition yield varied greatly between the Fangta (3149.6 t/(km²·a)) and Manhonggou (14011.1 t/(km²·a)) watersheds; these yields were considerably greater than the tolerable erosion rate and belong to the moderate soil erosion and the extremely intense erosion categories, respectively. In the 21st century, the annual average sediment deposition yield in the Fangta watershed decreased from 3740.53 t/(km²·a) in 1975–1999 to 2094.31 t/(km²·a) in 2000–2013, while that in the Manhonggou watershed decreased from 14721.72 t/(km²·a) in 1976–1999 to 12305.65 t/(km²·a) in 2000–2009. Therefore, soil loss is still a major ecological problem in the Loess Plateau. Considerable efforts are still needed to enhance the vegetation restoration, especially in the areas suffering from intense soil loss.

Influence of the rainfall on the sediment yield

Precipitation has been recognized as one of the main factors driving soil erosion and sediment yield, and its spatial and temporal variability is recognized as one of the main reasons for spatial and temporal variability in the soil erosion (Nadal-Romero et al., 2015). Meanwhile, the annual rainfall has a positive effect on the sediment yield, which is clearly related to sediment detachment and runoff generation (Bellin et al., 2011). In the Chinese Loess Plateau, soil erosion is generally caused by heavy rain or thunderstorms (Wang et al., 2016). Wang and Jiao (1996) also reported that soil erosion is not caused by all rainstorms and that 70% of the intense soil erosion on the Loess Plateau was caused by local rainstorms with short durations and high intensities. Zhao et al. (2017b)

Table IV. Independent samples t-test of annual sediment deposition yield for the Fangta and Manhonggou watersheds

<table>
<thead>
<tr>
<th>Small watershed</th>
<th>Mean t/(km²·a)</th>
<th>Std. Deviation</th>
<th>Std. Error</th>
<th>Levene’s test F</th>
<th>Sig.</th>
<th>t-test t</th>
<th>Sig.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fangta</td>
<td>3149.6</td>
<td>2593.8</td>
<td>415.3</td>
<td>35.7</td>
<td>0.000</td>
<td>-6.0</td>
<td>0.000</td>
</tr>
<tr>
<td>Manhonggou</td>
<td>14011.1</td>
<td>10335.7</td>
<td>1772.6</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
reported similar results and found a close relationship ($R^2 > 0.5$) between the sediment yield and rainfall in the two small watersheds in the Huangfuchuan watershed. Zhang et al. (2006) indicated that there was a fairly good relationship ($R^2 > 0.5$, $P = 0.001$) between the specific sediment yield and the annual precipitation of the Yuntaishan watershed in the Yanhe watershed.

However, not all rainfall causes soil erosion. Soil erosion will occur when the rainfall reaches a certain threshold. Moreover, the rainstorms and high specific sediment yield behind the check-dams are generally synchronous. During the erosive rainfall events with rainfall ≥ 12 mm (Xie et al., 2000), soil erosion occurred; however, no sediment was transported to the dams during smaller rainfall events. In this study, the erosive rainfalls necessary for sediment to be deposited at the dams were greater than 30 mm in the Fangta watershed and 20 mm in the Manhonggou watershed. Wang et al. (2014) selected a daily precipitation greater than 30 mm to serve as the threshold for erosive rainfall in the Yanguangou watershed of the Yanhe River. Meanwhile, the threshold for erosive rainfall was greater than 20 mm in the Xiaoshilata watershed of the Huangfuchuan River (Zhao et al., 2015).

In the 1970s, the annual erosive rainfall for the sediment yield was 231.1 mm in the Fangta watershed in 1978 and 233.2 mm in the Manhonggou watershed in 1996, while the annual average erosive rainfall that generated the sediment yield was 121.3 mm in the Fangta watershed and 113.6 mm in the Manhonggou watershed. In contrast, the rainfall frequency and amount in the Fangta watershed were higher than those in the Manhonggou watershed. In the 1990s, the annual erosive rainfall that generated the sediment yield was 131.8 mm in the Fangta watershed in 1982 and 135.8 mm in the Manhonggou watershed in 1984, while the annual sediment yield was 4329.9 t/(km²·a) and 22836.2 t/(km²·a), respectively. In the 1990s, the annual erosive rainfall that generated the sediment yield was 254.0 mm in the Fangta watershed in 2005 and 256.8 mm in the Manhonggou watershed in 2007, while the annual sediment yield was 3994.0 t/(km²·a) and 32311.8 t/(km²·a), respectively. Hence, the annual sediment yield of the Manhonggou watershed was 2–10 times that of the Fangta watershed from the 1970s to the early 21st century under the same rainfall conditions. A total of 265 and 187 rainfall events greater than 20 mm occurred in the Fangta and Manhonggou watersheds from 1975 to 2013, an average of 6.8 and 4.8 events annually, respectively. Meanwhile, the annual average erosive rainfall was 121.3 mm/a in the Fangta watershed and 113.6 mm/a in the Manhonggou watershed. In contrast, the rainfall frequency and amount in the Fangta watershed were higher than those in the Manhonggou watershed, while the annual average sediment yield in the Fangta watershed (3149.6 t/(km²·a)) was far less than that in the Manhonggou watershed (14011.1 t/
Soil particle size distribution is one of the most important physical attributes due to its great influence on soil erosion and water movement (Wang et al., 2008). Knowledge of the particle size distribution within the sediment profile is helpful to interpret the past depositional processes and environmental changes (Ritchie and McHenry, 1990; Beierle et al., 2002). Wang et al. (2014) indicated that check-dam sediments could be important indicators of environmental change, and the grain size of check-dam sediments is closely influenced by the land use, rainfall event sizes, and sediment deposition processes. In addition, variations in the hydrodynamic conditions can result in different sediment fraction distributions in different parts of the check-dam (Chen et al., 2016). In our study, the soil particle size distribution was centred on the silt and sand fractions (> 90%). The sand fraction in the Fangta watershed accounted for 50.7% of the sediment, and the silt fraction in the Manhonggou watershed accounted for 60.6% of the sediment. Young (1980) indicated that the soil erosion process was selective; particles in the silt-size range are eroded more easily than clay or sand-size particles are eroded. Moreover, the weathered sandstone (pisha) had higher runoff and sediment yields than those of the loess soil and the aeolian sandy soil (Tang et al., 2001). Hence, the annual average sediment deposition rate and sediment deposition yield in the Manhonggou watershed were much larger than those in the Fangta watershed.

Furthermore, land cover patterns, soil erosion and sediment yield in the watersheds are closely related. It is widely reported that land use changes may have a tremendous effect on soil loss rates due to sheet and rill erosion at the hillslope scale (Vannmaercck et al., 2012). At the watershed scale, vegetation helps reduce the sediment yield simply by reducing the runoff volume, leading to a sediment reduction rate close to the runoff reduction rate (Zheng et al., 2007). Shi et al. (2013) indicated that the landscape characteristics of watersheds could account for as much as 65% and 74% of the variation in the soil erosion and sediment yield, respectively, in the Yangtze River. Jia et al. (2012) demonstrated that vegetation cover affects the soil erosion rate, which was inversely proportional to the degree of vegetation cover. The relationships identified between soil erosion and sediment yield and vegetation cover indicated that the vegetation status has a significant impact on sediment formation and transport (Ouyang et al., 2010).

By reasonable adjustment to the land use structure, the benefit in terms of sediment reduction was higher than 80%, and the coverage of permanent vegetation at 61.03% successfully controlled soil and water loss in the Yangtou watershed of the Yanhe River (Xu and Tang, 2009). An increase in grassland and forestland by 42%, and a corresponding decrease in farmland by 46%, reduced sediment production by 31% in the Yangjiagou catchment of the Yanhe River (Li et al., 2003). Land use changes alone reduced sediment yield by up to 14%, but in combination with check-dams, the reduction in the sediment yield reached 44 ± 6% in the Upper Taibilla catchment in southeast Spain (Quironero-Rubio et al., 2016). Likewise, in the Saldaña badlands of Spain, check-dams and forest buffers restored at lower elevations effectively reduce the sediment yield into the Carrión River by nearly three orders of magnitude (<10^3 mg L^-1), compared with the sediment yield data from the 1930s and 1940s (>10^3 mg L^-1) (Navarro-Hevia et al., 2014). Due to the comprehensive effects of slope restoration and gully control, the amount of sediment transported to the check-dams decreased gradually with time. The annual average sediment deposition rate in the Fangta watershed of the Yanhe River decreased from 288.6 mm/(km^2·a) in the 1990s to 130.5 mm/(km^2·a) in the 21st century. In addition, to convert the croplands to forests and grasslands with the aim of controlling soil erosion and restoring vegetation on the Loess Plateau, the ‘Grain for Green’ policy was issued by the Chinese Central Government in 1999. It was found that the grassland and forestland were more effective than orchards at reducing gully erosion, and the conversion of sloping farmland to grassland or woodland could reduce gully erosion by more than 90% in the Northern Loess Plateau (Wang et al., 2016). The vegetation restoration program was the main driving factor of the land use change. Wang et al. (2009a) also indicated that the conversion of farmland to forestland or grassland was the main reason for the alleviation of soil erosion in the Yanhe River Basin.

In the Huangguchuan watershed on the Loess Plateau, land use changes between 1980 and 2005 decreased sediment yield by 40.6%, while the land use changes in combination with check-dam construction in 2006 reduced sediment yield by approximately 80% (Zhao et al., 2017a). However, land use changes are long-term sustained sediment control measures at the source, while check-dams have a considerable influence on controlling the sediment yield in the short term by intercepting sediment from the upper area of the watersheds (Boix-Fayos et al., 2008; Quironero-Rubio et al., 2016). At present, land use optimization at the small watershed scale is the key measure to control soil erosion, restore the eco-environment, and improve the living standards of farmers on the Loess Plateau (Xu and Tang, 2009). Therefore, small catchment management should adhere to the principle of simultaneous control of hillslope and gully and combine biological measures with engineering measures (Chen and Cai, 2006). Zuo et al. (2016) reported that grassland was the most common and uniformly distributed land use type in the Huangguchuan watershed from 1980 and 2005. With the change in land use pattern, the annual average sediment deposition rate in the Manhonggou watershed decreased from 508.7 mm/(km^2·a) in the 1990s to 352.2 mm/(km^2·a) in the 21st century. Zhao et al. (2017b) suggested that the weathered sandstone and bare land contributed 61.5% and 32.5% of the total sediment in the Xioaohiata watershed and 66.8% and 17.5% of the total sediment in the Yangjiagou watershed in the Huangguchuan tributary, respectively. Due to the high proportion of weathered sandstone and sandy land and the increase in arable land in the Huangguchuan watershed, the annual modulus of soil erosion was higher than the permissible value, possibly creating an insecure ecological environment (Yu et al., 2006). Hence, the weathered sandstone and bare land were the main factors for the high sediment yield in the Huangguchuan watershed. Thus, the application of both land use changes and check-dams to control catchment sediment yield was necessary to achieve a sustainable watershed management strategy and to meet the requirement of ecological security in this area.

Conclusion

The annual average sediment deposition rate showed a decreasing trend with time in the loess hilly–gully region and the weathered sandstone hilly–gully region, and the annual
average sediment deposition rate in the weathered sandstone hilly-gully region (702.0 mm/(km²⋅a)) was much higher than that in the loess hilly-gully region (171.6 mm/(km²⋅a)). The soil particle size distribution was centred on the sand fraction (50.7%) in the loess hilly-gully region and on the silt fraction (60.6%) in the weathered sandstone hilly-gully region. The annual average sediment deposition yield in the weathered sandstone hilly-gully region (14011.11 mm/(km²⋅a)) was much larger than that in the loess hilly-gully region (3149.6 t/(km²⋅a)). The erosive rainfalls for sediment deposition at the check-dams were greater than 30 mm in the loess hilly-gully region and 20 mm in the weathered sandstone hilly-gully region. The rainfall was not the main reason for the sediment yield difference between the two regions. The conversion of farmland to forestland or grassland was the main reason for the alleviation of soil erosion in the loess hilly-gully region, while the weathered sandstone and bare land were the main factors controlling the high sediment yield in the weathered sandstone hilly-gully region.

This research presented a case study of the sediment deposition yield behind check-dams in two small watersheds as determined by using the capacity curve, but further study of the trap efficiency of the check-dams and the sediment sources is required. The sediments deposited behind the check-dams were helpful for elucidating the soil erosion sources in the small ungauged watersheds under different soil generation of gully and intergully land in small watershed. Journal of Soil and Water Conservation 6: 24–28 (in Chinese).


